

NFHS Penalty Chart

Rule 7	Penalty Options	NFHS 2016-2107	Section 4
ARTICLE 1			
MINOR or MAJOR or DQ (includes a MAJOR)			
<i>BODY CHECKING (GIRLS)</i>	RULE 7-3	<i>HOLDING</i>	RULE 7-11
<i>CHARGING</i>	RULE 7-5	<i>HOOKING</i>	RULE 7-12
<i>CONTACT TO THE HEAD</i>	RULE 7-6	<i>INTERFERENCE/ OBSTRUCTION</i>	RULE 7-13
<i>CROSS- CHECKING</i>	RULE 7-7	<i>KNEEING</i>	RULE 7-14
<i>ELBOWING</i>	RULE 7-8	<i>SLASHING</i>	RULE 7-15
<i>GOALKEEPER CONTACT</i>	RULE 7-9	<i>TRIPPING</i>	RULE 7-16
<i>HIGH STICKING</i>	RULE 7-10	<i>UNNECESSARY ROUGHNESS</i>	RULE 7-17
ARTICLE 2			
MAJOR or MAJOR & MISCONDUCT or DQ (includes a MAJOR)			
<i>BOARDING</i>	RULE 7-18	<i>GRABBING A FACE MASK</i>	RULE 7-20
<i>CHECKING FROM BEHIND</i>	RULE 7-19	<i>HEAD-BUTTING</i>	RULE 7-21
There is NO provision for a minor penalty assessment for any of the above Article 2 infractions			
ARTICLE 3			
GAME DQ (Includes a MAJOR)			
<i>ATTEMPTING TO INJURE</i>	RULE 7-22	<i>KICKING A PLAYER</i>	RULE 7-25
<i>BUTT-ENDING</i>	RULE 7-23	<i>LEAVING BENCH DURING ALTERCATION</i>	RULE 7-26
<i>FIGHTING</i>	RULE 7-24	<i>SPEARING</i>	RULE 7-27
There is NO provision for a minor, major, or major & misconduct for any of the above Article 3 infractions.			
ARTICLE 4			
All DQs include a MAJOR			